

**Apostolic Christian Highland  
Oaks  
Activity Calendar**

# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>10:00</b> Church Service <b>3:00</b> Table Games <b>4:00</b> Short Stories <b>4:30</b> Ring Toss	<b>2</b> <b>Labor Day</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Labor day program <b>11:00</b> Current Events <b>2:00</b> Lutheran Service <b>3:00</b> Bingo <b>4:30</b> Frisbie Golf <b>6:00</b> Activities close at 6:00pm	<b>3</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Men's Club <b>11:00</b> Catholic Communion <b>11:00</b> Cooking Show <b>2:30</b> Relaxing Art & Popcorn <b>4:30</b> Bocce Ball <b>6:30</b> Lifeshare Games	<b>4</b> <b>9:00</b> Bible Devotions <b>9:30</b> Move to Music Exercise <b>10:00</b> Bingo <b>11:00</b> Piano with Jan <b>2:30</b> Koffee Klatsch <b>3:15</b> Word Games <b>4:30</b> Basketball <b>6:30</b> Video: Doyle Lawson & Quick Silver	<b>5</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Bowling <b>11:00</b> Trivia <b>1:00</b> Travelogue <b>2:30</b> Red Hat <b>4:30</b> Rollerball <b>7:00</b> Piano with Dan	<b>6</b> <b>9:30</b> Move and Groove <b>10:30</b> Fishing at the Pond <b>12:00</b> Lunch at Pond <b>2:30</b> Art Appreciation <b>4:30</b> Twister Toss <b>6:30</b> Friday Night Movie	<b>7</b> <b>Dorothy K. Birthday</b> <b>9:30</b> Balloon Toss <b>10:00</b> Bingo <b>11:00</b> Circle of Friends <b>2:30</b> Table Games <b>3:30</b> Word Games <b>4:30</b> Volleyball
<b>8</b> <b>10:00</b> Church Service <b>3:00</b> Grand Social: Family Event <b>4:30</b> Ring Toss	<b>9</b> <b>9:30</b> Move to Music Exercise <b>9:45</b> Master Gardeners <b>10:30</b> H.O. Chef <b>11:00</b> Activity Connection <b>2:00</b> Lutheran Service <b>3:00</b> Bingo <b>4:30</b> Frisbie Golf <b>6:30</b> Julie Andrews	<b>10</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Men's Club <b>11:00</b> Catholic Communion <b>11:00</b> Cooking Show <b>1:30</b> Bus Outing <b>2:30</b> Relaxing Art & Popcorn <b>4:30</b> Bocce Ball <b>6:30</b> Lifeshare Games	<b>11</b> <b>9:00</b> Bible Devotions <b>9:30</b> Move to Music Exercise <b>10:00</b> Bingo <b>11:00</b> Catholic Mass <b>11:00</b> Piano with Jan <b>2:30</b> Koffee Klatsch <b>3:15</b> Word Games <b>4:30</b> Basketball <b>6:30</b> Beethoven: Symphony	<b>12</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Birthday Social: Ry Peterman <b>11:00</b> Bowling <b>1:00</b> Travelogue <b>2:30</b> Table Games <b>4:30</b> Rollerball <b>7:00</b> Piano with Dan	<b>13</b> <b>9:30</b> Move and Groove <b>9:45</b> Bus to Library Movie <b>10:00</b> Baby Joy <b>10:30</b> Trivia <b>2:30</b> Craft Time <b>4:30</b> Twister Toss <b>6:30</b> Friday Night Movie	<b>14</b> <b>9:30</b> Balloon Toss <b>10:00</b> Bingo <b>11:00</b> Circle of Friends <b>2:30</b> Table Games <b>3:30</b> Word Games <b>4:30</b> Volleyball
<b>15</b> <b>10:00</b> Church Service <b>3:00</b> Table Games <b>4:00</b> Short Stories <b>4:30</b> Ring Toss	<b>16</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Tales and Travel <b>11:00</b> Men's Chat with Matt <b>2:00</b> Arts & Crafts <b>2:00</b> Lutheran Service <b>3:00</b> Bingo <b>4:30</b> Frisbie Golf <b>6:30</b> Musical: Annie	<b>17</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Men's Club <b>11:00</b> Catholic Communion <b>11:00</b> Cooking Show <b>1:00</b> Hope Support Group <b>2:30</b> Relaxing Art & Popcorn <b>4:30</b> Bocce Ball <b>6:30</b> Lifeshare Games	<b>18</b> <b>9:00</b> Bible Devotions <b>9:30</b> Move to Music Exercise <b>10:00</b> Bingo <b>11:00</b> Piano with Jan <b>2:30</b> Koffee Klatsch <b>3:15</b> Word Games <b>4:30</b> Basketball <b>6:30</b> Video: Quartets	<b>19</b> <b>9:30</b> Move to Music Exercise <b>10:15</b> Resident Council <b>10:30</b> Massage with Susan <b>11:00</b> Bowling <b>12:00</b> Meal of the Month <b>1:00</b> Travelogue: Brussel <b>1:30</b> Bus Outing <b>4:30</b> Rollerball <b>7:00</b> Piano with Dan	<b>20</b> <b>9:30</b> Move and Groove <b>10:00</b> Jeopardy <b>11:00</b> Hymn Sing <b>2:30</b> Watercolors <b>4:30</b> Twister Toss <b>6:30</b> Friday Night Movie	<b>21</b> <b>9:30</b> Balloon Toss <b>10:00</b> Bingo <b>11:00</b> Circle of Friends <b>2:30</b> Table Games <b>3:30</b> C.A.Y.A. sing <b>4:00</b> Word Games <b>4:30</b> Volleyball
<b>22</b> <b>Fall Begins</b> <b>10:00</b> Church Service <b>3:00</b> Table Games <b>4:00</b> Short Stories <b>4:30</b> Ring Toss	<b>23</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Facials <b>11:00</b> Trivia <b>2:00</b> Lutheran Service <b>3:00</b> Bingo <b>4:30</b> Frisbie Golf <b>6:30</b> The Perils of Pauline	<b>24</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Men's Club <b>11:00</b> Catholic Communion <b>11:00</b> Cooking Show <b>12:00</b> Lunch Bunch Pizza <b>2:30</b> Activity Planning & Popcorn <b>4:30</b> Bocce Ball <b>6:30</b> Lifeshare Games	<b>25</b> <b>9:00</b> Bible Devotions <b>9:30</b> Move to Music Exercise <b>10:00</b> Bingo <b>11:00</b> Piano with Jan <b>2:30</b> Koffee Klatsch <b>3:30</b> Bible Stories <b>4:30</b> Basketball <b>6:30</b> Video: The Piano Guys	<b>26</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Octoberfest: Mike Basin Accordion <b>11:00</b> Octoberfest Trivia <b>1:00</b> Travelogue: Munich <b>2:30</b> Kitchen Korner <b>4:30</b> Rollerball <b>7:00</b> Piano with Dan	<b>27</b> <b>9:30</b> Move and Groove <b>10:00</b> Bowling <b>11:00</b> Hymn Sing <b>2:30</b> Craft Time <b>4:30</b> Twister Toss <b>7:00</b> Apostolic Singers	<b>28</b> <b>9:30</b> Balloon Toss <b>10:00</b> Bingo <b>11:00</b> Circle of Friends <b>2:30</b> Table Games <b>3:30</b> Word Games <b>4:30</b> Volleyball
<b>29</b> <b>Rosh Hashanah Begins</b> <b>10:00</b> Church Service <b>3:00</b> Table Games <b>4:00</b> Short Stories <b>4:30</b> Ring Toss	<b>30</b> <b>9:30</b> Move to Music Exercise <b>10:00</b> Science for Seniors <b>11:00</b> Current Events <b>2:00</b> Lutheran Service <b>3:00</b> Bingo <b>4:30</b> Frisbie Golf <b>6:30</b> The Fabulous Dorseys		September Birthdays 7th: Dorothy K	Pet Therapy: M,T,TH Sensory Group: M-F 1-1 visits as needed or requested		